



# Support Worker

As a support worker, there's no such a thing as a typical day – every day is interesting and varied. From providing personal care or emotional support in residential, supported living, floating support or day centre care service, to supporting someone with housework or to meet up with their friend for coffee – you will be providing support that makes a real difference to people's lives

As a support worker, you'll need to be patient, caring and a great communicator. You'll also need to work well as part of a team and be happy speaking to other healthcare professionals and family members of the person you're supporting.

A driving license is also pretty important, as you may be taking people out for the day or needing to get to appointments.

As a support worker, you'll need to be flexible when it comes to the hours you work and you could be needed in the evenings, at weekends or overnight. It all depends on what support the person needs.

Experience isn't essential to becoming a support worker, what's most important is a commitment to supporting people with learning disabilities get the most out of life.

As a representative of Cott's Care, you can be proud of being part of a strong supportive team, championing the rights of our clients.