

## **Live In Care Worker**

Being a live in care assistant offers a real sense of purpose and immense job satisfaction. Our customers will rely upon you for support with all aspects of their daily living. So, if you are dedicated and passionate about making a real difference to people's lives and want a career you can be proud of, this could be the role for you.

The role of a live in care assistant is similar to other care assistants with one notable exception, you are not a visitor, but a key part of the household. You will enjoy the special privilege of living in a customer's home. You will use your excellent communication skills to build unique relationships with people from all walks of life; with different backgrounds and needs, lifestyles and personalities, cultures and behaviours.

Our live in care assistants provide each customer with a bespoke care experience tailored to their specific needs and preferences. The service gives customers the reassurance of 24 hour support in the comfort of their own homes. However, live in care assistants are not expected to be continuously on duty for 24 hours, you will have pre-arranged rest periods each day

This important role brings challenges as well as rewards. You will need patience, compassion and an ability to listen well, so you can support customers to stay in touch with the things that really matter to them, even on the difficult days

Live in care assistants need stamina and emotional resilience. You may be providing care and support to a customer who is dying, a brain injured young person, or someone whose medical condition makes their behaviour challenging. You could walk into a person's home and find that they have fallen, are in tears, or has been incontinent, so you should be prepared for the unexpected. The ability to remain calm, reassure customers and be responsive is essential. You will need the ability to think clearly in a crisis and know when to seek further help and advice.

Knowledge and experience of social care is definitely an advantage, but not always necessary as we provide full training. We can also support you to develop specialist expertise in your chosen area such as dementia.

The most important quality you need to bring is an empathy and understanding about the conditions of customers and the impact on their loved ones. You must want to provide a standard of care that is good enough for your own family. This means valuing the unique qualities of each customer and seeing the whole person, not just a list of care needs. It is essential that you respect the dignity and rights of each customer and endeavour to support them to make their own decisions about all aspects of their care and support as far as they are able.

This is an ideal opportunity if you wish to take a step into social care. As a representative of the Cott's Care, you can be proud of being part of a strong company, championing the rights of our customers.